Ingredients: Natura Vitalis Osteo Calcium Retard Complex 72% (Vitaminised Spice Preparation comprising Di-Calcium Phosphate, Calcium Hydroxyapatite, Stabiliser: Microcrystalline Cellulose; L-Glutamine, Piperine, Curcumin, Release agent: Silicon Dioxide; Vitamin K2, Vitamin D3), Gelatine (capsule shell), Tribulus Terrestris, Red Algae Extract.

2 capsules contain: Calcium - 200 mg = 25*, Vitamin D – 5 μ g = 100*, Vitamin K - 90 μ g = 120*, Red Algae Extract - 90 mg, Tribulus Terrestris - 210 mg, Other Plant Substances – 138 mg. /* = % of the Nutrient Reference Value (NRV) under the EU Regulation on the provision of food information to consumers.

Information for diabetics: 2 capsules contain 0.06 CE (carbohydrate exchange) units.

Caution: Do not exceed the recommended daily dose. Food supplements should not be viewed as a substitute for a balanced and varied diet and a healthy lifestyle. Keep the product out of sight and reach of children.





OSTEO CALCIUM RETARD

ENHANCED WITH BIOSYSTEM TECHNOLOGY



Food supplement with vitamins K and D, the mineral substance calcium, and other valuable plant substances. Calcium and vitamin D improve the bone density, especially of older women, and so reduce the risk of osteoporosis.

Note: As an illness, osteoporosis is the result of several risk factors. A change in any one of these risk factors may have a positive effect, or it may not.

Recommended daily dose: Take 1 capsule every morning and evening with plenty of water.

Storage:

Protect the product from warmth, light and humidity.

Best before end: See date on base of container

Further information: www.naturavitalis.de

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Contents: 120 capsules/104 q